

Your Care Plan

We all lead such busy lives often leaving our health at the bottom of our priorities list! Our dental health is no different and often gets missed off the list altogether. People don't visit the dentist for many reasons, anxiety, too painful, don't have time and too expensive. We cannot give you more time but we can help you with three of the most common reasons people don't go to see their dentist.

Anxiety Our approach is Calm & Gentle, helping patients feel relaxed and in control. Recommended treatment is provided at your pace in an environment where you feel stress-free.

Painful Treatment We offer the latest techniques that help reduce, if not eliminate any pain that we have historically associated with treatment at the dentist. Equipment and materials used are so advanced in comparison to years gone by!

Cost Spending money on our teeth can often seem an expense we can do without. Joining our Care Plan allows you to spread the cost on a monthly basis with no hidden fees so you know exactly how much each month you need to pay for peace of mind that all your dental needs will be catered for.

Your Benefits

- all your routine dental treatment is included
- convenient monthly direct debit scheme
- guaranteed registration
- priority access to see your dentist in the event of a dental emergency
- preventative care, identifying potential problems reducing the risk of pain and inconvenience
- access to a 24 hour dental emergency helpline 365 days a year
- worldwide supplementary dental insurance and emergency insurance (see overleaf)

Who is the plan for?

Our plan is designed for:

- patients that care about their dental health and appearance
- patients that want to visit the dentist regularly
- peace of mind that their routine dental treatment is covered.

What does our 'Care Plan' cover?

Adults from £19.94 per month and includes:

- two routine dental examinations per year
- two hygiene appointments per year including a scale and polish and oral health advice
- all x-rays
- all fillings (amalgam and composite)
- root canal treatment
- extensive preventative advice
- nutritional and oral hygiene advice
- membership card with 24 hour helpline numbers for dental emergencies at home or abroad
- Worldwide Supplementary Dental Injury and Emergency Insurance (see overleaf)

Exclusions

- dental implants
- cosmetic treatment including smile make-overs
- gum treatments
- treatments offered by a specialist following a referral
- orthodontics treatment
- facial aesthetics
- dentures

The items above fall outside of the scope of the Care Plan however are available if required at a reduced fee (T&C's apply). Laboratory costs and prescription fees must be paid separately.

The monthly plan cost includes the charges for management and administration payable by you to DPAS.

Treatment not covered by this plan can be paid for separately.

How do I join the plan?

Joining is very simple. All you have to do is complete a registration form for us and a Direct Debit mandate and authorisation form for DPAS.

In addition to your first monthly payment, an initial registration fee of £10 per person will be payable by you to DPAS and will be included in your first Direct Debit payment.

If you choose to leave the dental health plan for any reason you can do so by simply giving us one month's notice.

What happens next?

You will have access to a 24 hour, 365 day worldwide dental emergency helpline, which will endeavour to find an English speaking dentist to assist you.

Any questions?

If you have any questions about our plan please contact our treatment coordinator who can help you fully understand the benefits of becoming a member to our Care Plan!

Calm & Gentle
DENTAL CARE
TONBRIDGE



What does the supplementary insurance cover?

Your supplementary insurance provides:

- ✓ cover for:
 - up to £10,000 worth of treatment following dental injury
 - temporary emergency treatment whilst away from home in the UK or abroad (up to the limits specified)
 - the call-out fee charged by a dentist opening their surgery to treat you in an emergency (up to the limits specified)
- ✓ hospital cash benefit if under the care of an oral/maxillofacial surgeon
- ✓ cash benefit if diagnosed with oral cancer
- ✓ 24 hour access to a worldwide emergency helpline

The Supplementary Insurance is designed to cover the cost of **temporary emergency treatment whilst you are away from home** and therefore excludes the cost of emergency treatment carried out by your own dentist, a rota dentist, or any other dentist within a 15 mile radius of your practice. However, call-out fees charged by any dentist to open their surgery (including your own dentist) are recoverable up to policy limits.

In the event of a dental injury, treatment carried out by any dentist (including your own dentist) is covered up to policy limits.

Please refer to the Policy Summary and Important Information leaflet and the Policy for full details of the benefits, terms, conditions and exclusions.



Dentist

Dr Pieter Claassen

BChD (Pret) 1999, MsC ImpDent (Warwick)

Contact

Calm & Gentle Dental Care
203 High Street
Tonbridge
Kent
TN9 1BW

Telephone: 01732 353402

Email: info@calmandgentledentalcare.co.uk

Website: www.CalmAndGentleDentalCare.co.uk

Opening Hours

Monday - Friday: 8.30am - 5pm

Emergencies

01732 353402

Away from home helpline:

(UK) 0800 525631

(Abroad) +44 1747 820841

Calm & Gentle

DENTAL CARE

TONBRIDGE

Care Plan

